

**KUPUNA AIKIDO  
RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND  
INDEMNIFICATION AGREEMENT**

1. I, as a participant or the legal guardian of a participant, understand that the participation in Kupuna Aikido (KuA), including any safe falling or low impact Aikido classes or other KuA sponsored classes, requires physical contact and exertion, and that there is a possibility that serious injuries, and even death, may occur.
2. I personally assume all of the risk of such injuries, on my own behalf.
3. I release and fully indemnify the \_\_\_\_\_ (*location*), KuA, instructors, assistants, officers, directors, guest instructors, successors and/or assigns (collectively called 'Releasees') from any and all liability occurring by or through my participation. If any portion of this release is determined to be invalid for any reason, the remainder of the release and indemnification shall continue and remain in full force and effect.
4. I hereby release, discharge, and covenant not to litigate in any manner (whole or in part) against the Releasees, students, family individuals or institutions recognized in whole or in part to be linked/agents in any manner with KuA, including any sponsors, agents, directors, officers, members, volunteers, employees and other participants in this or any program offers. If anyone on my behalf makes a claim against the Releasees, I agree to indemnify, save and hold harmless each and all of the Releasees from any litigation expense, attorney fees, loss, liability, damage or costs which the release or any parties associated may incur as a result of such claim(s).
5. As a condition of this Release, including any membership or participation, I understand that I must carry and maintain my own medical insurance.
6. If, at any time I judge an activity to be unsafe or beyond my physical ability to execute safely, I agree to immediately decline to participate in such activity and notify the instructor.
7. PHOTO RELEASE — I hereby grant permission to be photographed, voluntarily and without compensation, by KuA or its agents, understanding that the same is intended for publication for art, advertising, educational or any other lawful purpose whatsoever.
8. By signing below I acknowledge that I have read and understood this Release and agree to its terms and conditions.

\_\_\_\_\_  
Print Name of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant